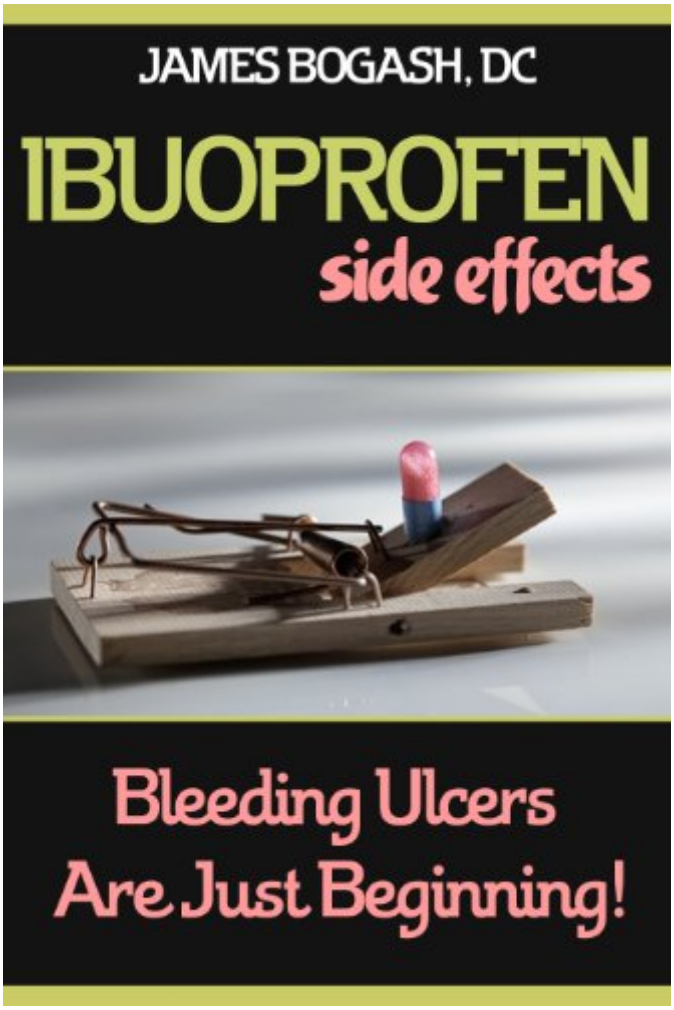
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Ibuprofen Side Effects: Bleeding Ulcers Are Just The Beginning



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Synopsis

I have been publishing posts related to the dangers of anti-inflammatories and natural pain relief for many years. This book is a compilation of blog posts done over the years in an organized format with some additional commentary to help make the information clearer.Side Note: When the term Ã¢â ¬Å“NSAIDÃ¢â ¬Â• is used in this book, it refers to the class of drugs known as non-steroidal anti-inflammatory drugs. This includes most drugs that you think of for pain and inflammation except for steroids, hence the Ã¢â ¬Å“non-steroidalÃ¢â ¬Â• term. While this includes ibuprofen (prescribed and over the counter), Tylenol and aspirin, Tylenol and aspirin are not generally thought of in the same class.Many of the topics discussed in this book may be new to you and may never have been brought up by your personal physician. Unfortunately, there is a veritable chasm between the medical research and what physicians seem to share with their patients. The Ã¢â ¬Å“standardÃ¢â ¬Â• recommendations are usually decades behind the research I will be sharing with you. This is why every single comment is backed up by supporting medical research.It is my hope that the concepts and ideas given in this book are going to help your understanding of why you should rethink your use of anti-inflammatory drugs to control pain and give you some alternatives that are safer.In this book, you are going to learn: 1.Gastrointestinal Side Effects2.Heart Damage3.Damage to the Healing Process4.Other Organs Damaged by NSAIDs5.AlternativesHappy reading!

Book Information

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Customer Reviews

Having had to stumble upon the truth about NSAIDs all on my own with a great deal of misery, I'm delighted to see a doctor outing these horribly over used medications. I struggled for several years trying to pinpoint the cause of my edema. It was severe enough on two occasion to require hospitalization. And still no doctor ever mentioned that the use of NSAIDs to manage my rheumatoid arthritis pain could be the cause of my misery. By process of elimination I determined the truth. It took several months to detox from the NSAIDs but I haven't had an episode of edema in two years. I wince when I see the advertising encouraging people to take pain reliever for every little twinge. Old fashioned heat and cold therapy is just as effective and won't cure your backache at the expense of your heart.

Good information. A must read book

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